



October 2024 - SCHOOL LUNCH MENU



School lunch includes menu items and milk. All meals conform to NSLP guidelines to provide milk, protein, whole grains, fruits and vegetables.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Waffle, Breakfast Sausage, Potatoes, Apple Sauce</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>2 Hot Dogs, Mixed Green Salad, Peaches</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>3 BBQ Chicken Sandwich, Garbanzo Beans, Nectarines</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>4 Pizza, choice of fruit, Jicama</p> <p>1% and Fat Free chocolate milk offered at meal</p>
<p>7 Sweet and Sour Chicken, Rice, Bok Choy, Naan, Pear</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>8 Tacos, Orange, Pinto Beans, Lettuce</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>9 Fat Lorenzo's: Chicken and Pasta Alfredo, Strawberry Applesauce</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>10 Garlic Cheese Bread, Tomato Dipping sauce, Roast Carrots, Apple</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>11 Pizza, choice of fruit, Spinach Salad</p> <p>1% and Fat Free chocolate milk offered at meal</p>

<p>14 Hamburgers, Roasted Corn, Lettuce, Pears</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>15 Breakfast Bagel Sandwich (sausage, egg, cheese), Sweet Potato Fries, Orange</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>16</p> <p>No School MEA</p>	<p>17</p> <p>No School MEA</p>	<p>18</p> <p>No School MEA</p>
<p>21 Grilled Cheese, Green Peas, Apple</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>22 Chicken Quesadilla, Salsa, Lettuce, Pears</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>23 Corn Dog, Baked Beans, Melon Mix</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>24 Curried Chicken, Rice, Naan, Broccoli, Orange</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>25 Pizza, choice of fruit, Red Peppers</p> <p>1% and Fat Free chocolate milk offered at meal</p>
<p>28 Sloppy Joes, Butternut Squash, Applesauce</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>29 Chicken Nuggets, Corn, Banana</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>30 Mac and Cheese, Garlic Parm Noodles, Sausage, Cucumbers, Oranges</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>31 Chicken Patty Sandwich, Beans, Lettuce, Nectarines</p> <p>1% and Fat Free chocolate milk offered at meal</p>	<p>HAPPY HALLOWEEN!</p> 

<p style="text-align: center;"><u>SOUP OF THE DAY</u></p> <p>On grilled cheese days it will be Tomato soup. Other soups of the day will rotate between: Chicken Wild Rice and Chicken Noodle Soup</p>				
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- ELP Lunches: \$4.00**
- Extra Entree: \$2.50**
- Chips: \$1.25**
- Dessert item: \$1.25**
- Fruit: \$1**
- Yogurt: \$1**
- Cheese: \$0.50**
- Milk Only: \$0.50**

This institution is an equal opportunity provider.